



## **Ignite Your Drumming Superpower! Unlocking Your Ability to Drum and Sing With Carolyn Koebel, MM, HPC, MT-BC**

*"Carolyn Koebel has a remarkable way of breaking down complex rhythms into manageable ways, bringing each of us closer to our natural state of movement and timing"*

*Sharon Boyle, Chair of Music and Theatre, St. Mary-of-the-Woods College*

*"Carolyn not only engages you with her own energy and passion, she teaches you how to use your own in ways that make you more culturally competent and adds a whole new level to your musicianship. A must experience course!"*

*Tori Stevens, Former student (Western Michigan University)*

**Description:** In this course, participants will gain strategies and rhythmic vocabulary to more effectively drum and sing at the same time in their clinical work. Participants will learn and/or review the essential playing techniques for lap-position frame drum play. Emphasis will be on learning the essential sounds and techniques to elicit the maximal music-making potential of the instrument. Core sounds include doum, tak, pah, and cha. These sounds will be organized into a variety of accompaniment patterns to coincide with a range of song repertoire.

**Prerequisites:** Facebook profile is recommended, not required. The course forum is held in a Facebook group. In lieu of a Facebook profile, you are encouraged to interact with the instructor via email.



### **Board Certification Domains:**

**III. A. 5. F. 4 & 6:** Participants will increase functional skills with frame drum and voice by exploring and demonstrating traditional playing techniques.

**III. A. 5. g, i, & aa:** Participants will increase their ability to drum and sing with clinical intention by demonstrating functional technique within their current clinical repertoire.

### **Instructor Qualifications:**

Carolyn Koebel, MM, HPC, MT-BC has been drumming since childhood, but fell in love with percussion of the world while studying ethnomusicology as an undergraduate. Her fieldwork research has taken her around the globe in search of traditional and indigenous drumming traditions from diverse cultures. She became a student of the frame drum twenty years ago after hearing Glen Velez perform at the opening session of the World Congress for Music Therapy. Since then, she has studied with Velez and Layne Redmond, as well as a host of other teachers. She began introducing the frame drum into her music therapy work in the late 1990's and has been offering training workshops to the music therapy community since that time. She is an avid performer, educator and clinical music therapist. She regularly teaches this material to her students at Western Michigan University and St.-Mary-of-the-Woods college.

### **Live Course Format:**

#### **Section 1: Introduction and Outline (5 min)**

- a. Personal introduction
- b. Course outline

#### **Section 2: Demonstration of Integrated Skill Set (5 min)**

- a. Sample songs with accompaniment

#### **Section 3: Overview of Playing Techniques (30 min)**

- a. Demonstration of doum, tak, cha, pah
- b. Cultural referents and regions where this instrument is widely played,

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including a brief overview of the Arabic percussion family which includes the riq (tambourine) & tablah/darbuka/doumbek)

#### **Section 4: Accompaniment Patterns with Songs (60 min)**

- a. Frame drum shuffle pattern with song exploration
- b. Traditional Arabic frame drum patterns: cultural considerations and applications
- c. Patterns for music therapy song accompaniment
- d. Drumming and singing together

#### **Section 5: Final wrap up (15 min)**

- a. Q&A

**Total time: 100 minutes**

**Number of CMTEs: 2    Price: \$50**

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